



NAZARETH AREA SCHOOL DISTRICT

Nazareth Area Intermediate School

355 Tatamy Road, Nazareth PA 18064

Joseph J. Yanek, Principal

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School Counseling / School Psychologist Resources

We hope all of our students and families find themselves well at this time! We understand this can be a challenging time for both students and adults with so much uncertainty and change in routine. As the Nazareth Area School District moves forward with our online Educational Learning Plan, please know that we are available to communicate with you through email and/or Schoology to assist with your child's social-emotional wellbeing. We can be reached via email at the following addresses:

Tammy Drugatz , School Counselor (students last names A-L) tdrugatz@nazarethasd.org

Chris Mamana , School Counselor (students last names M-Z) cmamana@nazarethasd.org

Courtney Quinn , School Psychologist cquinn@nazarethasd.org

Rebecca Willock , School Psychologist rwillock@nazarethasd.org

Please note that as we work from home you may receive calls that come through as blocked, restricted or unknown. We ask that you please answer these calls as they may be from school staff.

The following are some resources that you may find helpful at this time:

National Association of School Psychologists: Talking to Children About COVID-19: A Parent Resource
<https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/helping-children-cope-with-changes-resulting-from-covid-19>

Shanti Project: At-Home Mindfulness Guide

https://mcusercontent.com/4847d6bc77e63cda928cc0064/files/lead95d1-d514-469d-81e0-8a1af1d156d5/SP_At_Home_Mindfulness_Guide_and_Resources_FINAL.pdf

Center for Humanistic Change: COVID-19 Online Resources and Programs

<https://www.thehc.org/resources/covid-19-video-programming.html>

Northampton County Crisis Intervention Services: Available 24 hours a day at **610-829-4801**

